

EMPOWERING WOMEN IN LEADERSHIP CONFERENCE: FOSTERING RESILIENCE AND GROWTH

SPEAKERS INCLUDE:

Rosie Hussain

Director of Teaching & Learning, Keynote Educational **Helen Clare**Menopause in Schools Expert

Katharine Radice
Education Consultant
in Education

CONFERENCE AIMS

This conference is designed to empower, inspire, and equip women in school leadership roles with the tools, strategies, and insights they need to thrive. Through a dynamic programme featuring expert speakers and stimulating sessions, delegates will explore topics ranging from the challenges women face in leadership, enhancing personal well-being, and creating a culture of support within schools. With a focus on resilience, growth, and fostering equity, this event is a unique opportunity to connect with like-minded professionals and gain actionable takeaways to lead with confidence and impact.

The conference promises to be an empowering and transformative experience for women leaders in education. dedicated to advancing women in leadership.

BENEFITS OF ATTENDING

- Understand the current landscape of women in educational leadership and learn how to drive meaningful change
- · Develop practical strategies for managing well-being, reducing stress, and setting effective boundaries
- · Connect with peers, experts, and allies who share a commitment to advancing equity in leadership
- Learn how to address specific issues like menopause in education and supporting diverse well-being needs
- Take away actionable strategies to energise your work, inspire your team, and enhance your school culture

Delegate Rates

First delegate rate

Additional delegates

£349 + VAT **£279** + VAT



Scan the QR code to book your place

Exclusive Offer

Book your place on this conference by **Friday 28 February 2025** and **save 10%** with code

SPR10*

*Terms and Conditions apply. Bookings must be placed by 28/02/2025 using the relevant discount code. The discount codes are not valid in conjunction with any other offers and cannot be applied retrospectively. Discount applies to CPD Courses and Conferences and exclude all other products sold by Keynote Educational.

PROGRAMME

09.55am Welcome and Introductions

Rosie Hussain

Director of Teaching & Learning, Keynote Educational

10.00am The Current Landscape

• Current representation of women in leadership roles within education

- The progress made and the challenges for women in advancing to senior leadership positions
- How far we have come and how far to go
- · The impact of allyship to support equity

Rosie Hussain

Director of Teaching & Learning, Keynote Educational

10.50am

Supporting Yourself, Supporting Your Students

- Gain a deeper understanding of how to approach various areas of wellbeing effectively, including emotional and social wellbeing
- · Using balanced thinking to establish and nurture the culture of wellbeing
- Take away practical easily implemented strategies to support your own and your students' wellbeing

Katharine Radice

Education Consultant

11.40am

12.00pm

Break

How to Energise and make the most of your Working Hours

- · Setting boundaries which help and support your development as a leader
- Making the most of your experience to help you develop your team and inspire others
- · Carrying responsibility lightly: ways to reduce stress in the workplace

Katharine Radice

Education Consultant

1.00pm

Lunch

2.00pm Menopause In Education

- How perimenopause and menopause can affect our health and wellbeing within schools and educational institutions
- Creating a menopause aware culture and supporting staff through menopause and perimenopause
- Building a menopause strategy that works for your organisation

Helen Clare

Menopause in Schools Expert

2.50pm

Break

Your Identity in Leadership

- How you view yourself as a leader and as a person
- Psychology of change management
- · Gibbs self-reflection model

Rosie Hussain

Director of Teaching & Learning, Keynote Educational

3.45pm

2.55pm

Depart

SPEAKERS



Rosie Hussain

is Director of Teaching & Learning at Keynote Educational, has an MBA in Senior Leadership in Education and is a highly experienced and innovative classroom practitioner, with over 20 years in leading departments and delivering high quality T&L training. She has a wealth of skills and expertise as a Head of Psychology as well as leading research and development in a secondary school and sixth form college. As an AQA A-Level Examiner and Fellow member of the Chartered College of teaching she prides herself in providing high impact evidence-based practice in order to improve teaching & learning in education.



Helen Clare

helps schools and teachers deal with challenges that arise due to perimenopause and menopause. She does this through talks, workshops, support groups, 1 to 1 sessions, courses, and policy support. An ex-biology teacher and life-long biology geek, she has also worked in schools as a poet and artist and as part of her work for Creative Partnerships and Arts Council England. Helen is also an ICF trained coach and an associate of the British Menopause Society. She's also a textile artist on the quiet – and these days that's about menopause too!



Katharine Radice

is an education consultant specialising in dispositions which facilitate academic progress and personal growth. Katharine has a broad range of experience: she has taught in independent and maintained sector schools and at undergraduate university level. She has worked in mixed, single sex, boarding and day schools and studied adolescent development at the Tavistock and Portman NHS Trust. She brings to the sessions her practical perspective on classroom teaching, middle and senior management roles. Previous attendees have described her training sessions as inspiring, thought-provoking, full of practical advice and engaging.



The best conference I've attended, empowering as a Designated Safeguarding Lead. Extremely interesting and enjoyed learning new ideas to improve practice and develop mine and the teams skills.



Outstanding! Plenty of top tips and advice which was deliverable in my setting. Great range of speakers and workshops, I could have gone to all of them!.

Skegness Grammar School



Colfe's School

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